

YLANG YLANG

PRIMARY BENEFITS OF COPAIBA ESSENTIAL OIL:

- BOOST MOOD.
- HELPS BALANCE HORMONES
- REDUCE DEPRESSION.
- ALLEVIATE ANXIETY.
- LOWER BLOOD PRESSURE.
- DECREASE HEART RATE.
- STIMULATE OIL PRODUCTION IN THE SKIN AND ON THE SCALP.
- INSECT REPELLENT

HOW TO USE YLANG YLANG ESSENTIAL OIL:

- RUB YLANG YLANG ON YOUR WRISTS AND NECK TO LEAVE A CALMING, FLORAL FRAGRANCE YOU CAN ENJOY THROUGHOUT THE DAY.
- ADD IT TO YOUR LOTION OR A CARRIER OIL TO ENJOY ITS MOISTURIZING PROPERTIES.
- MIX 1–3 DROPS WITH COCONUT OIL FOR A DEEP-CONDITIONING HAIR TREATMENT THAT WILL LEAVE HAIR SMELLING SWEET AND FLORAL.
- ADD IT TO A HOT BATH TO CREATE A RELAXING ATMOSPHERE TO HELP YOU UNWIND AFTER A LONG DAY.

WHERE TO DIFFUSE

- KEEP ROMANCE ALIVE IN YOUR BEDROOM WITH THIS WARM, FLORAL SCENT.
- FILL YOUR HOME WITH FEELINGS OF SAFETY AND COMFORT WHEN YOU INFUSE IT WITH THE DEPTH AND SWEETNESS OF THIS TROPICAL AROMA.

YLANG YLANG

EMOTIONAL BENEFITS OF YLANG YLANG ESSENTIAL OIL

MOOD ENHANCER

YLANG YLANG CAN HAVE AN IMMEDIATE, POSITIVE EFFECT ON A PERSON'S MOOD. IT HAS THE ABILITY TO RELIEVE DEPRESSION AND STRESS.

ONE OF THE MAIN COMPONENTS OF YLANG YLANG OIL IS LINALOOL, A COMPOUND FOUND TO POSSESS STRESS-REDUCING PROPERTIES.

IT WORKS FOR THOSE WHO WANT TO RECHARGE THEIR MIND AND BODY.

THE AROMA PROVIDES A EUPHORIC EFFECT THAT SOOTHES THE NERVOUS SYSTEM AND RELIEVES:

- TENSION
- ANXIETY
- STRESS
- PANIC

IT'S ALSO THOUGHT TO BE THE OIL OF THE INNER CHILD, HELPING US CONNECT TO OUR OWN SENSE OF INNER JOY AND BEING IN THE MOMENT, AS CHILDREN SO EASILY DO. THIS ALLOWS US TO PLAY, RELEASE BOTTLED UP EMOTIONS, AND MOVE BACK INTO OUR SENSE OF TRUST IN THE PROCESS OF LIFE.



DHYANA MASLA