

COPAIBA

PRIMARY BENEFITS OF COPAIBA ESSENTIAL OIL:

- SUPPORTS THE HEALTH OF THE CARDIOVASCULAR, IMMUNE, DIGESTIVE AND RESPIRATORY SYSTEMS*
- POWERFUL ANTIOXIDANT*
- HELPS CALM, SOOTHE, AND SUPPORT THE NERVOUS SYSTEM*
- PROMOTES CLEAR, SMOOTH SKIN AND REDUCES THE APPEARANCE OF BLEMISHES.
- APPLY TO DRY SKIN AND NAILS.
- HELPS WITH COLLAGEN PRODUCTION AND AGING SKIN.
- APPLY ON THE FOREHEAD, TEMPLES AND BACK OF NECK FOR HEAD TENSION AND STRUGGLES.
- CAN HELP CALM ANXIOUS FEELINGS.
- CALM MUSCLE ACHES AND CRAMPS.
- CAN CLEANSE AND DETOX THE LIVER.
- OPENS AIRWAYS AND HELPS WITH RESPIRATORY CHALLENGES.
- CAN HELP WITH BLOATING, GAS AND DIGESTIVE CHALLENGES.
- CAN ASSIST IN A HIGHER QUALITY OF SLEEP.
- APPLY ON BLISTER, BITES, BURNS AND BRUISES.



D H Y A N A M A S L A

HOW TO USE COPAIBA ESSENTIAL OIL:

- ADD 1–2 DROPS TO WATER, JUICE, OR TEA TO SUPPORT THE HEALTH OF THE CARDIOVASCULAR, IMMUNE, DIGESTIVE, NERVOUS, AND RESPIRATORY SYSTEM. THIS ALSO PROTECTS YOUR CELLS FROM OXIDATIONS (BECAUSE OF ANTIOXIDANTS FOUND IN COPAIBA)
- PROVIDES ANTIOXIDANT SUPPORT WHEN INGESTED.*
- TAKE INTERNALLY TO HELP SOOTHE AND CALM THE NERVOUS SYSTEM.
- GARGLE WITH WATER TO LESSEN THROAT DISCOMFORT.
- COPAIBA HAS THE CAPABILITY OF KEEPING YOUR SKIN CLEAR AND CLEAN WHILE REDUCING THE APPEARANCE OF BLEMISHES. ADD COPAIBA TO YOUR TONER AND APPLY TO YOUR FACE IN UPWARD CIRCULAR MOTIONS. OR, APPLY IT DIRECTLY YOUR SKIN BEFORE APPLYING MOISTURIZER.
- COPAIBA SUPPORTS THE CARDIOVASCULAR, IMMUNE, DIGESTIVE, NERVOUS, AND IMMUNE SYSTEM.* SOUTH AMERICANS HAVE USED COPAIBA RESIN FOR THE HEALTH OF MANY OF THESE SAME SYSTEMS. TO TAKE ADVANTAGE OF THESE BENEFITS, ADD ONE TO TWO DROPS TO WATER, JUICE, OR MAKE YOUR OWN TEA USING WARM WATER AND HONEY.
- WHEN YOU'RE FACING A STRESSFUL DAY AHEAD OR FEELING WORRIED, DIFFUSING COPAIBA'S WOODY SCENT CAN HELP CALM ANY ANXIOUS FEELINGS



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- TO UNWIND. DIFFUSE IT IN YOUR ROOM AND FOCUS ON THE SCENT TO FALL INTO A MEDITATIVE STATE. OR, YOU CAN ALSO USE IN A CALMING BATH BY ADDING 5-8 DROPS TO BODY WASH OR SALTS BEFORE MIXING IT IN THE WATER.

EMOTIONAL BENEFITS OF COPAIBA ESSENTIAL OIL: THE OIL OF UNVEILING

- INVITES US TO CONNECT WITH OUR PAST.
- UNVEILS THE DEEPER MEANING AND MESSAGES OF OUR PAST LIFE AND EXPERIENCES.
- HELPS US TO DISCOVER WHO WE REALLY ARE.
- WE CAN CARRY UNRESOLVED PAIN HIDDEN IN OUR HEART, MIND, BODY AND SOUL - PLAGUED BY FEELINGS OF GUILT, SHAME, INADEQUACY OR UNWORTHINESS - THIS "LESS THAN" PERCEPTION DISTORTS EVERYONE ONE OF OUR INTERACTIONS.
- HELPS US TO BEGIN UNRAVELING THESE LOWER VIBRATIONS AND OTHER INTERNALIZED EMOTIONS TO START THE NECESSARY RESTORATION PROCESS.
- TEACHES US SELF FORGIVENESS BY ACKNOWLEDGING OUR PAST CHOICES AND EXPERIENCES.
- ALLOW US TO GROW AND CHANGE IN A CONSCIOUS AND CLEAR WAY.
- REASSURES THE MENTAL, EMOTIONAL, PHYSICAL AND SPIRITUAL BODY THAT LIMITATION ARE ONLY TEMPORARY.



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